

# Dance Technics Class Descriptions

**Creative Dance:** Suggested for ages 3-4.5 years of age. Dancers will learn the basics of tap and ballet in a fun, creative way.

**Tap/Ballet/Jazz:** This combo class will teach dancers the basics of these three styles. This class is geared for dancers Age 5-8.

**Acro/Tumble:** Working on flexibility and basic tumbling patterns on the mat, this class is great for beginners-advanced dancers interested in tumble.

**Lyrical:** Lyrical dance is a style that combines ballet with elements of jazz and contemporary. Routines are technique-based, and follow the "lyrics" on the music.

**Ballet:** Ballet is a traditional form of dance that is structured around balance, grace, and control. Dancers will learn barre work, across the floor patterns, and ballet combinations.

**Contemporary:** This style of dance is based off of modern dance techniques. Contemporary uses the whole body, unique shapes, and control.

**Jazz:** Jazz dance works with upbeat music, fun across the floor patterns, and isolations. Can be taught with various styles of music.

**Hip Hop:** A great class for those that love to move! A fun, upbeat style of dance that is high energy.

**Tap:** Based on musicality and rhythm, dancers will learn unique patterns and tap steps to various music styles.

**Hip Hop Club:** This is an invitation only class for students who have excelled in hip hop. This club will be invited to extra performances and competitions each spring.

**Dance Troupe:** This is an invitation only class for students that love to perform and pick up quickly. With this class dancers will perform at least three times in the recital.

**Comp Team:** This class is for our most advanced dancers. Based on technique and performance ability, dancers will compete at 3 or more competitions each spring and are allowed to do a solo, duo, or trio at each.

**Pointe:** This is invitation only. Dancers must have a strong base in ballet to be invited "en pointe". Pointe shoes are required and dancers will work at the barre and in center.

**Hip Hop/Tap:** Using both styles to create a fun combo class! Based on fun, funky music with tap technique.